

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_\_\_\_

Health Professional \_\_\_\_\_ Provider Number \_\_\_\_\_

## Pregnancy

Symptoms	Leggings#	Shorts	Mini
Pelvic Girdle Pain (SIJ pain and or symphysis pubis dysfunction)	•	•	•
Sciatica	•	•	•
Low Back Pain	•	•	•
Mild/Moderate Varicose Veins	•		
Vulval Varicosities	•	•	•
<b>Recommended</b>			

## Recovery

Symptoms	Leggings#	Shorts	Mini
Abdominal Muscle Separation	•	•	•
Perineal Tears and Stitches	•	•	•
C-Section and Episiotomy Wounds	•	•	•
Sciatica	•	•	•
Back Pain	•	•	•
Mild/Moderate Varicose Veins	•		
Pelvic Girdle pain (SIJ pain and or symphysis pubis dysfunction)	•	•	•
<b>Recommended</b>			

## Surgery and Back Pain

Symptoms	Reg Waist Shorts	High Waist Shorts
Surgical Wound Recovery Below the Waist	•	
Surgical Wound Recovery Through or Above the Waist		•
Gynecological Procedures	•	•
Hysterectomy	•	•
Hernia Repairs	•	•
Low Back Pain	•	•
Perineal Support	•	•
<b>Recommended</b>		

## Sports and Fitness\*

Symptoms	Leggings#	Capri
Pelvic Girdle Pain (SIJ pain and or symphysis pubis dysfunction)	•	•
Low Back Pain	•	•
Mild/Moderate Varicose Veins and Swelling	•	•
Poor Circulation	•	•
Accelerated Muscle Recovery	•	•
Muscle Injury Prevention	•	•
Superior Comfort During Exercise	•	•
<b>Recommended</b>		

# Encourages good venous return (medical grade graduated compression at 4-15mmHg). \* Not TGA Listed.

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